

Middle School League

7th/8th Grade Boys & Girls

Rules Summary

1. 12 Minute Halves – Clock Stops on All Dead Balls
2. 2 Timeouts for the Game
3. 3 Minute Halftime
4. **No Jump Ball:** At the start of the game and Overtime period, a coin toss will determine the team awarded the ball.
5. **Overtime Period:** First Overtime will be two (2) minutes. If second overtime is required, the first team to score wins. Each team will receive (1) additional timeout for the overtime period. Unused timeouts from regulation **May Not** be carried over. Unused timeout from the first overtime period **May Not** be carried over.
6. **Running Clock:** The clock will run in the second half if the deficit is 20 points or more with the exception of timeouts. Once the lead is below 20 points, the clock will stop on all dead balls.
7. Teams may play Man-to-Man or Zone Defense.
8. **Pressing:** Pressing allowed at all times. Teams with a lead of 20 Points or more in the second half may not press.
9. 15 Ft. Foul Line
10. A player fouls out on five (5) fouls.
11. **Ball Size:** 28.5 Girls. Regulation Boys.